

TOILETING/BATHING

Many concerns around toileting and bathing relate to safety, but other issues such as water usage, requests for assistance, and daily self care are also key to independence. Technology can provide the tools needed to support these outcomes.

Who do we consider?

- Individuals who may be at risk for falling
- Someone who needs a system for requesting assistance while in the bathroom
- Individuals who might need physical assistance with toileting but are capable of completing parts of the routine independently
- Someone who has behavioral patterns that create toilet, sink or tub stoppage resulting in flooding
- Anyone who gets up in the middle of the night to access the bathroom

What will we achieve?

- Opportunities for privacy and dignity on behalf of the individual
- Proactive rather than reactive responses by staff and/or family
- Enhanced care management and activities of daily living education
- Heightened awareness of individuals' self care and hygiene routines

What technology do we use?

- 1 SimplyHome Butler System
- Water sensor to detect humidity/moisture on floor
- Motion sensor (may be sequenced with bathroom door sensor and/or bed pad)
- Panic pendant mounted to the wall to request assistance
- Door sensor on bathroom door and/or on medicine cabinets

What rules can alert staff, family members or the individuals themselves?

1. When the bathroom door or a cabinet is opened
2. If motion stops after a given time and no other sensors are triggered in home
3. If water pools on the floor
4. If someone gets out of bed at night, uses the bathroom, and doesn't return to bedroom
5. When someone pushes the panic pendant to request help

