

CUING INDEPENDENCE

Technology can do more than monitor activities of daily living, it can also provide cues to individuals as they engage in their routines. Should someone forget to complete a task (turn off the stove before leaving the home) or do something outside of the routine (access food in the middle of the night), the system can provide an audible reminder first before contacting caregiver support.

Who do we consider?

- Individuals who desire to live independently, in supported community settings, or in transitional homes
- Individuals who have 24/7 staffing for “just in case” situations but do not necessarily need round the clock supervision
- Individuals who will be in an apartment setting with a staff apartment onsite

What will we achieve?

- Passive monitoring of movement, routines, and behavior outcomes
- Ongoing and consistent skill development and “teachable moments”
- Enhanced independence
- Reduction of onsite staffing for “just in case” situations

What technology do we use?

- 1 SimplyHome Butler System
- Door/window sensors
- Motion sensors
- Bed pressure pads
- Stove sensor

What rules can alert staff, family members or the individuals themselves?

When establishing rules for this system, we encourage the individual and caregivers to consider first, what activity and routine cues the individual needs, and second, what the caregivers would like to monitor. When rules are set, the caregivers can determine if the audible announcement cues should occur before or simultaneously with the alerts they will receive.

