

ACCESS TO FOOD

Whether it's related to a genetic disorder, a mental health issue or a change in routine, accessing food can be an important factor in determining level of independence. Technology can offer alerts to remind someone to eat or to notify caregivers if food is accessed too frequently.

Who do we consider?

- An individual who has demonstrated a change in eating patterns or routines that are impacting health
- Someone who has a genetic disorder, mental health issue, or disability with an outcome of chronic overeating
- Individuals who desire to live independently or in supported environments, and are learning new skills related to cooking and food preparation

What will we achieve?

- Proactive rather than reactive responses by staff and/or family
- Awareness of eating patterns as integrated into daily routines
- Enhanced care management and activities of daily living education
- Data trend reports that can be used in coordination with medical/health appointments

What technology do we use?

- 1 SimplyHome Butler System
- Small door/window sensors on cabinets, refrigerators, and/or freezers
- Door/window sensors for doors to rooms which store food
- Stove sensor

What rules can alert staff, family members or the individuals themselves?

1. When a cabinet or refrigerator is opened
2. When someone enters/exits a kitchen or other room that stores food
3. When someone turns on the stove

