# TRANSITIONAL LIVING

Transitional Living Programs offer individuals the opportunity to practice skills and prepare for future independence. They also give families and service providers the time to assess an individual's routines and activities to determine what natural supports may need to be put in place for community living.

#### Who do we consider?

- Individuals transitioning from youth to adulthood and prioritize living on their own
- Individuals who have never lived outside the family home and whose parents are aging
- Individuals who are moving from larger congregate care settings with direct care staff and prioritize moving into a community supported residence

#### What will we achieve?

- The opportunity to allow for the "dignity of risk:" creating opportunities for individuals to learn, make mistakes, and succeed in a supported environment
- Having another resource in your residential service continuum so that more individuals can access community supported living options
- The security of around the clock services through the innovation of technology partnered with staff or family support
- Proactive rather than reactive care for each resident

### What technology do we use?

- SimplyHome wireless sensor system for in-home reminders and staff/family alerts
- Environmental controls for physical independence
- Medication dispensers and telehealth monitoring (vitals) for health/wellbeing
- Personal emergency response for safety and peace of mind

## How do we begin this process?

- Determine the funding source(s) that might be accessed for including residential assistive technology
- Contact SimplyHome for a comprehensive assessment and system recommendation

